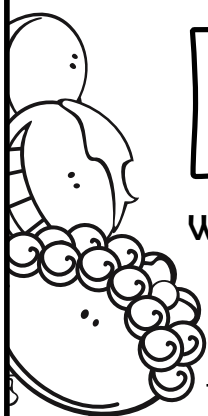


Rule 5

All my choices matter. They have consequences.

Read the truth coaches and tick your favourite ones.

- I'm not an island. My choices affect the people around me too.
- There is never really anything done in secret. It gets found out one day.
- I have more power than I think. My decisions are important and they decide what my life will be like.
- Only I can choose who I become. I am the artist of my life and my paintbrush is good or bad choices.
- I can choose to be obedient. I can choose to be kind. I can choose to learn.
- I don't always have to get what I want. Disappointment is okay.



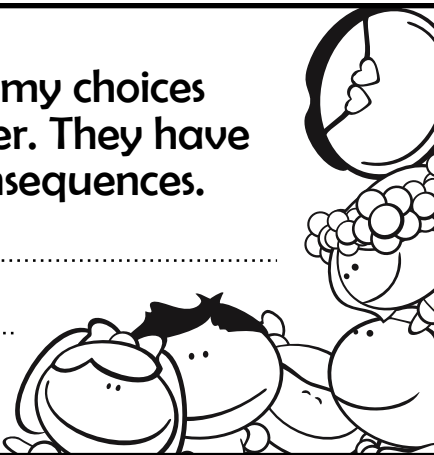
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Write your favourite truth coach:

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