

Partial notes for website free download



**THE 'OPPOSITIONAL' CHILD
Diagnostic aid of possible causes**

Question; Does A.D.D. mean Adult Discipline Disorder, OR Absent Dad Disorder, or Ambivalent Doctor Diagnosis? A hyper-active or oppositional child's mindset usually has a cause which quickly becomes obvious with the right questions. Unless checked, it may eventually disturb the brains normal functioning - its 'placidity', and will compulsively pressure the child toward rebellion, nicotine, violence, drug or alcohol to find relief from anger. Once trust is lost and 'defensive detachment' sets in all co-operation may be lost. The causes listed below may be isolated or combined.

1) Is s/he DISORIENTATED regarding the routine, boundaries, and rules?

Differing expectations from two different parents, stepparents or teachers, (unreliable limits) cause real confusion and even outrage. This amounts to a lack of consistency on the parents side (moodiness, parental exhaustion, etc) They can't train a child for exactly the same reasons they couldn't even train a puppy. Unexpected punishment that the child has no idea was coming or cannot understand.....

2) Is there a VENDETTA? Is s/he outraged or jealous - punishing for neglect or wrongs done?

Beware the child's conscious and subconscious sense of injustice, resentment of favouritism, (whether real or imagined). Is there a child you are favouring? Is there a pressure/ demand on the child that no adult would be expected to put up with - e.g teasing / harassment by an older sibling? What are they trying to achieve by punishing?

3) Is the child trying to avoid a hideous feeling?

Are they highly allergic to disappointment, humiliation or despair? "NO" without any options given can invoke waves of powerlessness in a child afraid of despair, which will always result in an immediate burst of rage. Are there subconscious echoes of past trauma hitting repeatedly? Is there a history of rejection or abandonment or disappointment? What feeling are they most afraid of? What reassurances are needed?

4) Has s/he been trained / indulged in IMPULSIVENESS?

If a child is certain to habitualise whatever behaviour got them what they wanted last time, what behaviour are you rewarding, just to keep the peace? (Peace at any price has a very high price.) Has s/he been trained-to-demand by parental indulgence-to-keep-the-peace? Who is actually 'ruling the roost'?

5) Are there WAVES OF EMOTIONAL ENERGY? (True "attention deficit".)

Repeated surges of emotion may be hereditary and more than the child can control. Is Mum and Dad fighting in front of them (winding them up) or splitting up? Explain anger as a 'wild horse' that needs to be harnessed and saddled. Ritalin may make the child dopey, but doesn't coach the child in the kind of self-talk

See 'Creating Kids Who Can Concentrate' (A.D.H.D without drugs) by

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